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What is Applied Kinesiology?

Best Definition: *Complete and Customized Whole Body Analysis and Treatment*

Only specialization taking into account these three aspects addressing the entire body that is complementary to other aspects of healthcare :

- Nutritional and biochemical aspects of the human body
- Muscles, bones and ligaments
- Psychological/Emotional components

All of these must be balanced for harmony and health.

Once the dysfunctions have been discovered here is list of just some of the therapies that could be used in the office:

- Advanced Nutrition
- Lab Analysis (Blood, Urine, Saliva, Hair, Genetics, etc)
- Chiropractic
- Cold Laser
- Detoxification Foot Baths
- Emotional/Stress balancing
- Hormone Support
- Organ systems balancing
- Percussion Therapy

With such a vast array of options, the kinesiologist is able to design a treatment protocol to meet the individual's needs unparalleled to any other specialization.

This flexibility allows the doctor to treat the person with the condition, not the condition of the person while working alongside any other doctors and healthcare providers.

Applied Kinesiology is a healing system that is constantly being refined by doctors all over the world in every discipline. It is why we are always on the cutting edge of natural healthcare.

If you have any more questions about Applied Kinesiology please visit www.icak.com or contact the office at 512-249-9702 or info@drscottjurica.com.

Please visit www.drscottjurica.com for all of our services.