

How to Use Chlorophyll Complex Perles for Pain Relief¹

Directions:

1. Chew 1-2 perles and hold in mouth under tongue for at least 30 seconds before swallowing. (*Chewing is essential for effectiveness. The directions on other bottles say not to chew because chlorophyll tastes like grass and it stains.*)
2. **Pain relief is typically felt within 2-3 minutes. For some it can take up to 30-40 minutes.**
3. It has been our experience that the majorities of people experience some degree of pain relief, regardless of the type of pain and sometimes complete relief.
4. After 30 seconds, wash down with water or juice. (*Taking more than 1-2 perles at a time is not more effective, and is not recommended.*)
5. The pain relieving effect usually lasts 2-4 hours and often times longer.
6. Repeat as needed every 2-4 hours or more frequently for pain relief, repeat doses tend to increase the effectiveness of pain relief.
7. **If the above dosing procedures are not working quickly**, we have found that stacking the dose can be more effective for some individuals (until some momentum is built). Give 1-2 perles every 30-40 minutes until pain relief is achieved. Give another dose as soon as needed when the first sign of pain returns. Continue this “as needed” approach. It will eventually resolve to a much smaller dosage need within a short time for most people.

Note that some people may need A&F Betafood to accompany their ongoing ingestion of chlorophyll for proper absorption, as chlorophyll is extremely fat soluble and requires health bile flow for ongoing absorption.

Precautions:

- Chlorophyll tastes like grass, so inform the patient! If it relieves their pain, they won't mind!
- Chlorophyll stains everything it touches and is especially very difficult to wash out of fabric.
- It will turn the teeth and mouth green temporarily (*i.e. for only a few minutes*).

In addition – Pain relief for Infants, Children (and pets):

May be used with infants and young children by spreading the opened perles onto the parent's finger and applying to the inside of the infant's or child's mouth. It has been effective in relieving the pain of colic and teething, for example. A finger cot or surgical glove can be used if desired. Use the same method for pain relief with animals.

Contraindications and Indications:

- Should not be taken along with blood thinning medications, such as Coumadin.
- May be taken along with any other medication, including other pain medications. It may even take the place of other OTC medications, and reduce the need for or even eliminate the need for many other types of prescription pain medication.

Mechanism of Action:

Dr. Royal Lee described the mechanism of action of fat soluble chlorophyll over 50 years ago.

It neutralizes guanidine on contact (However, there is clearly more going on). Water soluble chlorophyll has none of these effects. All of this is more completely explained on Mark Anderson's **Back to School for Doctor's, 2006-2007**, seminar CDs.¹ Standard Process Labs is the only source of Chlorophyll Complex perles and ointment, you must be a healthcare professional to purchase products from Standard Process Labs.

Also included in Mr. Anderson's seminar is a report given by a pain specialist, Dr. David Walters, who used chlorophyll perles for one year in his practice, achieving amazing pain relieving results with all forms of intractable pain.

¹ Mark Anderson, **Back to School for Doctors, 2006-2007, Can You Handle the Truth**, Selene River Press
(Available at www.selenriverpress.com)